PE Immigration

The students will research games and activities from other countries to share during a PE class.

Grade Level: 5 - 8th
Subject: P.E.
Length of Time: 2-3 Class Periods

Objectives & Outcomes

The students will be able to research and then instruct and demonstrate to peers another country’s popular game or activity. It must involve physical movement.

Materials Needed

Access to the Internet or other resources, assigned country

Prepare ahead of time: List of countries, enough for each pair of students, rubric for evaluation. One sample game/activity from another country to demonstrate during opening to lesson.

Procedure

Opening to Lesson

- Display name of game with rules for students to follow.
- Introduce the information to the students

Body of Lesson

Modeling

- Demonstrate the activity/game using class volunteers chosen ahead of time
- Ask students to guess the country and the origin of the game/activity

Guided Practice

- Tell students they will be doing research about a game/activity from another country and demonstrate it to the class
- Pair students, distribute rubrics for assessment
- Assign a country (or allow students to choose) to each pair of students
- Remind students the game must involve physical movement and also use a limited amount of supplies or equipment
- Guide students to research on the Internet to discover the favorite activities of children in other countries
• Research is to be done between PE periods at least one week apart
• The next PE period, assign the pairs of students for their demonstrations
• Encourage other students to fully participate
• Allow about 10-15 minutes or less for each demonstration (Time depends on the number of class periods available for the lesson)
• Teacher will assess the research and demonstrations based on a prepared rubric

**Independent Practice**

• For homework: Ask students to share some of the new games they learned with 5 family members or friends outside of school and record the responses in a one-page report

**Closing**

Following the last demonstration, have students vote on their favorite game or activity, and play the favorite game during an entire upcoming PE period.

**Assessment & Evaluation**

Rubric to assess the research and the students’ presentation and demonstration to the class.

**Modification & Differentiation**

Students work alone or in larger groups. Assign a specific game or activity from another country for students to research. Use games or activities from the past for research and demonstration. Have students demonstrate to younger classes of students in the same school.

How to become a [PE teacher](#).

**Related Lesson Plans**

**Music Movement**

The students will move to the music based on its beat, words, tune, and other variables.

**Pass It Off**

This lesson will allow students to practice passing, dribbling, and bouncing skills using basketballs

**Aces and Exercise**

Using a deck of playing cards, the students will pick the number of reps for various exercises.
**Trust Me**

This lesson will allow students to practice teamwork and trust building, as well as working on directionality for younger students.