Dance Your Heart Out
This activity will allow students to demonstrate choreography skills, dance skills, and creativity in small groups.

Grade Level: 6 - 8th
Subject: Arts
Length of Time: 1 - 2 Class Periods

Objectives & Outcomes
The learners will create a dance to a school appropriate song of their choosing. The dance will have varied moves and be performed as a group.

Materials Needed
- Access to a cd player or computer to play songs
- Room to perform and practice

Procedure

Opening to Lesson
- Begin by asking students to consider their favorite dance moves and artists.
- Tell students they will be creating a new dance for a favorite, school appropriate song.

Body of Lesson
- Have students choreograph a dance in small groups (4 to 6 students) to a song that the group agrees on as a majority.
- The dance will be performed in front of the whole class and be graded on creativity, appropriateness, and making sense with the chosen music.

Closing
- Have students perform their dance
- Video tape and/or invite other classes if desired.

Assessment & Evaluation
Students will create a dance to a school appropriate song of their choosing. The dance will be evaluated on creativity and cohesiveness.
Modification & Differentiation
Allow students to perform choreographed moves within their physical range.

Related Lesson Plans

**Paper Mache Zoo**
In this visual arts lesson, students will create zoo animals (or any animals) using paper mache. The ‘zoo’ can be displayed in the classroom or in a localized area of the school.

**Mini Diorama**
This visual arts lesson will allow students to share some personal interests in the form of a diorama. Sample rubric included.

**Making a Menorah**
Students will make a beautiful vibrant menorah using art supplies while learning about the background.

**Getting Colorful**
This performing arts activity will allow students to demonstrate skills in conveying emotions without using words.